

Introduction to Overlanding



| What Is Overlanding?

Overlanding: A method of vehicle-based, self-supported, exploratory slow-travel that's about enjoying time outdoors and focuses on the journey more than the destination. A way to explore off the beaten path—or on paved roads.

Type of vehicle required: While a four-wheel-drive or all-wheel-drive vehicle can come in handy, it's not required. Any vehicle will do.

Places you'll stay: Overlanding most often involves camping, typically off-grid in dispersed campsites with few to no amenities on public land.

Roads you'll take: There will likely be a combination of paved roads, trails, forest service roads, and unpaved vehicle paths.

What you'll need to bring: Everything you need to survive outdoors, including food, water, navigational skills, bathroom supplies, and safety tools.